



Volume 5, Issue 1
Winner of the 2010
VALPA Award



January 2012

www.vapost364.org



AMERICAN LEGION POST 364, WOODBRIDGE, VIRGINIA

Providing 50 Years of Golden Service to America's Veterans

Post-  -Gram

Coming Soon to the Post Home Nearest You!



2012 Annual BROGER/CHAKURDA Bowling Tournament

Saturday, February 18, 2012

Bowl America Woodbridge

IMPORTANT CHANGES

Hopefully these little changes will make it easier for you and us.

Captains, please collect money from your team prior to sign in. Captains are to sign in their "team".

PLEASE, if you are not the captain and are not signing in a team please wait at the tables behind the lanes.

THE COST this year will be the same as last year: \$30.00 for bowling and \$5.00 for dinner per person.

REGISTRATION starts at 12 Noon, **BOWLING** starts at 1:00 PM

DINNER to follow at Post 364

If you have questions or concerns, please notify:

SY HOROWITZ at 703.963.7474 or syguv11@verizon.net

BILLY BROGER at 571.437.0246 or billiebro13@aol.com

FROM THE COMMANDER'S CORNER

Randy Bower, Commander



Happy New Year everyone! 2012 has arrived and brings with it a renewed opportunity for each of us to produce positive change in ourselves, our Post, and our Nation. Many of you have likely made resolutions for the New Year and I wish you strength in achieving them. When I look back at the last six months as the commander of the Post and what I have experienced, believe me, I see plenty of room for self improvement. Communication is the key to success and my resolution to you and to the Post is to be a better communicator.

We have some fantastic volunteers that tirelessly give of themselves time after time. We cannot take them for granted and expect them to always be there. I cannot thank them enough for all that they do for our Post, but these volunteers have lives too. We do have new members that are stepping up and pitching in and I applaud them. We will always need volunteers and now is as good a time as any to offer your help. I ask every member of our Post to resolve to become more involved in Post functions, activities, and programs.

Due to unforeseen scheduling conflicts we are now celebrating our 50th Anniversary of Post 364 on Saturday, 10 March at 5:00p. We need help making this a memorable

and honorable occasion. Our Post has served our veterans, active and retired, and our community for 50 years. This is quite an achievement and we should all be proud to be members of this Post. If you have something you believe would help us reflect on our past 50 years please let us know. We would love to hear from you.

Our New Year's Eve party was a booming success and was our second annual Karaoke Idol contest. We had many singers in attendance, but only six were brave enough to enter the contest. Congratulations to Justin Caskey who was this year's winner.

I look forward to 2012 and I know that we can all bring positive change and hope if we try.

See you at the Post!



FROM THE PRESIDENT'S PEN

Marcia Wheatley, Unit President

“My Resolution to follow through on my 2012 Resolutions”

How often have we made resolutions for the New Year only to break them or give up on them 24 hours or even weeks later? Millions make that powerful commitment to a clean slate for the New Year but often fall to failure within a short period of time. But if we make a commitment to resolutions with others, we find we have a buddy to help us remain on track and succeed. Therefore, I am committing to the following by asking that you, your family and friends sign on to these resolutions as well:

Resolution #1:

Work on ending homelessness for our Veterans

About one third of the adult homeless population is made up of Veterans, with two thirds of those having served our country for at least two years and one third having served in a war zone. The Department of Veterans Affairs has taken decisive action to end homelessness for veterans within five years. As individuals we can make help homeless veterans by

1. Sharing the VA Homeless Veterans Crisis Line number 800.273.8255 with any homeless veteran we meet.
2. Supporting emergency shelters by donating clothing and food.
3. Volunteering as a mentor, counselor or legal aid to help those in transitional or supportive permanent housing. Veterans will need help in life skills counseling, employment training, etc.

Resolution #2:

Advocate for better health care and employment for our Veterans

The unemployment rate for Iraq and Afghanistan Veterans stands at 12% which is much higher than the national average at 8.6%. Culminating a strong push by the American Legion, President Obama signed the VOWS to Hire Heroes Act of 2011 on November 21st. This bill provides tax credits to employers to hire veterans, expands education and training opportunities for older veterans and provides disabled veterans an additional year of vocational rehabilitation and employment benefits.

Case loads and financial limit threshold for medical treatment at the VA is still holding many veterans from getting the health care they need and deserve.

Resolution #3:

Continue the good work of the American Legion Auxiliary by enhancing the lives of our veterans, military, and their families, both at home and abroad.

During this season of giving, have you considered giving the gift that keeps on giving? Your Time? Volunteers are needed to help and/or organize a few events in 2012:

- Post 50th Anniversary Dinner (Saturday, March 10th)
- Bingo (revenues received help fund our programs)
- Girl State Interviewers (contact Anne Bower)
- Children's Easter Party
- Annual Visit to McGuire VA Hospital for Memorial Day Weekend Barbecue

Last month, the Unit was proud to participate in the 20th annual Post 364 Toys for Tots program. And what an event it was! This night was a sold out event with over 150 participants



to help celebrate the wonderful program and help pass over 1,200 toys out the door to the waiting truck. Thank you to all who help make this event even more spectacular. There were many children who still believe in Santa Claus due to the generosity of our members.

Post 364 will be holding a 50th Anniversary dinner on March 10th and we need your pictures. Dianne Cabot and I will be putting together a media presentation of events and activities at the Post during its 50 year history and we would love to include your memories. If you have any pictures you would like to share, please contact me at mlwheatley@yahoo.com or 703.625.6112. We will scan and then return your pictures to you. We then hope you will join us for this event and relive those moments.

Please join me in fulfilling our New Year's resolutions of making 2012 a better year for our veterans, military and their families. Tom and I wish you and yours a healthy and happy New Year!

Happy New Year!

SONS OF THE AMERICAN LEGION (SAL) – SQUADRON 364, DETACHMENTS’ DISPATCH

Mark Clark, Commander



Attention SAL Members: Please review your membership card to ensure it is a valid 2012 card. If not, the dues are listed to your right for 2012 members and can be mailed to:

Sons of the American Legion
PO Box 2121
Woodbridge, VA 22195

<u>2011/2012 Dues</u>	
Age 21 & older	\$25.00
Age 13 thru 20	\$20.00
Age 12 & under	\$15.00
Dual	\$10.00

Make checks payable to SAL 364

If your membership card is 2011 or older please contact a SAL officer at 703.494.4304.

Greetings and Happy New Year to all fellow Sons, Legion and Auxiliary members. December was busy with the annual Toys 4 Tots dinner dance.

Thanks to all the members and businesses who donated items for the raffle so we could buy toys for the children. A special Thanks to Jim Hawkins from RedHawk IT Solutions and Joanne Clark from First Command Financial Planning. Our membership drive begins for 2012 as we look to recruit new members. Thanks for you continued support in this effort.

Current members, please remember to renew early. I wish you a very Happy, Safe, Prosperous and Blessed 2012. Thank you for all your support!

THE CHAPLAIN'S CORNER

Scott Burgess, Post Chaplin, *Yours in Faith*



“The righteous shall flourish like a palm tree...” (Psalms 92:12a, NKJ)

During the broadcast of a Hurricane on the weather channel, have you noticed the palm trees? In the height of the storm they are sometimes so far bent over that they are almost touching the ground. Yet as soon as the storm passes the palm tree straightens right back up, and even more amazing is that while it was hunched over and under the pressure of the storm it is actually growing stronger.

The reason God said we would flourish like a palm tree is because He knew we

would all endure difficult times and we would all be in the midst of a storm from time to time. But God also promises each of us a way out of the storm to straighten like the palm, for He has sent his son to pay for our sins. Let us each take a moment each day to thank God for the birth of Jesus, which we have just celebrated, and thank Him for His death and His resurrection thus paying for our sins. As 2011 comes to a close let us reflect on the storms we have endured over the year, let us ask forgiveness for the sins we have done,

let us thank God for the storms we have gone through, as they will make us stronger, wiser and ultimately closer to Him, and finally let us ask God to work through us that we may help another who is in the midst of a storm, that we strive to do what is righteous in the sight of our Lord. Obviously there is not one of us without sin, however if we talk with God and ask not what He can do for us, But what we can do for Him! He will guide us and lead us to the peace, joy and victories He has in store for us.



The Family Circle - special thoughts and prayers for our family members

Convalescing

Danny Bafford

Prayer Requests

Our troops throughout the world.

Post Everlasting

On the wings of angels

John J. Newman

MEMBERSHIP

Barbara Barnes, First Vice President

Please remember to renew your 2012 dues now! We are close to hitting 100 percent membership! Please remind everyone of the many benefits of joining our wonderful organization: insurance, rental car, hearing and

eyeglass aids, computers, DISH Network TV, Jenny Craig, prescription discount plans, too. Just go to www.alaforveterans.org and check the many benefits of becoming a member and especially for retaining your

membership. Here's hoping that 2012 brings you health and happiness!!

God bless our Veterans!

NATIONAL SECURITY

Barbara Barnes, Auxiliary National Security Chair

Thank you to everyone who participated in our raffle for the beautifully handmade quilt donated by Bel Henshaw.

Through your generosity, we garnered \$184 for our troops! Thank you everyone and congratulations to Andy Ward,

one of our longtime bingo players who was the lucky winner.

AMERICANISM

Terry Brown, Auxiliary Americanism Chair

Americanism is an American Legion Auxiliary program to encourage patriotism. The month of February is dedicated to promoting this ideal. The Post Friday night dinner on February 10th will be in honor of this program with Yankee pot roast,

potatoes, green beans, carrots, salad and rolls, all for \$8.00. Desserts will be sold by the Juniors as a fundraiser. Delegate Rich Anderson and Greg Pass from the American Wartime Museum will be guest speakers for this program following dinner.

There will be a table set up for this purpose for any wartime memorabilia, so please feel free to bring any to show. Please plan on joining us for this wonderful evening to celebrate our wonderful country and her rich history.

BINGO VOLUNTEERS NEEDED

James Hawkins, Second Vice Commander

3 hours a month is all of your time that is needed to help us keep the American Legion Programs we support fully funded.

Did you know that the overwhelming percentage of bingo profits goes to supporting the American Legion programs that we love? Bingo revenue is

derived from the Sunday and Monday bingo events at the Post. We need your help to keep these bingo events occurring. We are currently short six bingo volunteers (see bingo roster on page 8); and the impact to those bingo nights is felt in both revenue loss and the extra workload for those few volunteers on those teams.









Please help us keep these bingo events as successful as possible by donating just a few hours a month (36 hours a year).

Please contact James Hawkins @ 703.819.8465 to coordinate your participation and ensure our Legion Programs get the funding they deserve.

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day 	2 Bingo (Team 4) 7:15p - 10:00p	3 SAL Executive Meeting 6:00p Legion Executive Meeting 7:30p	4 Boy Scouts 7:00p	5 Junior Shooters 7:00p	6 Post Dinner 5:30p - 7:30p	7
8 Bingo (Team 5) 2:00p - 5:00p USMVMC Meeting 6:00p	9 Bingo (Team 6) 7:15p - 10:00p	10 Auxiliary Executive Meeting 7:30p	11 Boy Scouts 7:00p	12 Junior Shooters 7:00p	13 Post Dinner 5:30p - 7:30p	14
15 Bingo (Team 7) 2:00p - 5:00p	16 MLK Birthday Bingo (Team 8) 7:15p - 10:00p 	17 SAL Membership Meeting 6:00p Legion Membership Meeting 7:30p	18 Boy Scouts 7:00p	19 Junior Shooters 7:00p	20 Post Dinner 5:30p - 7:30p Karaoke 8:00p - 12:00a 	21
22 Bingo (Team 1) 2:00p - 5:00p USMVMC Meeting 6:00p	23 Bingo (Team 2) 7:15p - 10:00p	24 Auxiliary Membership Meeting 7:30p	25 Boy Scouts 7:00p	26 Junior Shooters 7:00p	27 Post Dinner 5:30p - 7:30p	28
29 Bingo (Team 3) 2:00p - 5:00p	30 Bingo (Team 4) 7:15p - 10:00p	31				

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Boy Scouts 7:00p	2 Junior Shooters 7:00p	3 Americanism Dinner 5:30p - 7:30p 	4
5 Bingo (Team 5) 2:00p - 5:00p Super Bowl Party And Potluck 5:30p	6 Bingo (Team 6) 7:15p - 10:00p	7 SAL Executive Meeting 6:00p Legion Executive Meeting 7:30p	8 Boy Scouts 7:00p	9 Junior Shooters 7:00p	10 Post Dinner 5:30p - 7:30p	11 Chili Cook-Off and Dance 6:00p 
12 Bingo (Team 7) 2:00p - 5:00p USMVMC Meeting 6:00p	13 Bingo (Team 8) 7:15p - 10:00p	14 <i>Valentines Day</i> Auxiliary Executive Meeting 7:30p 	15 Boy Scouts 7:00p	16 Junior Shooters 7:00p	17 Post Dinner 5:30p - 7:30p Karaoke 8:00p - 12:00a 	18 Broger/ Chakurda Bowling Tournament 12:00p 
19 Bingo (Team 1) 2:00p - 5:00p	20 <i>Presidents Day</i> Bingo (Team 2) 7:15p - 10:00p 	21 SAL Membership Meeting 6:00p Legion Membership Meeting 7:30p	22 Boy Scouts 7:00p	23 Junior Shooters 7:00p	24 Post Dinner 5:30p - 7:30p	25 Girl State Interviews 9:00a 
26 Bingo (Team 3) 2:00p - 5:00p USMVMC Meeting 6:00p	27 Bingo (Team 4) 7:15p - 10:00p	28 Auxiliary Membership Meeting 7:30p	29 Boy Scouts 7:00p			



Warren DiPerna - Bingo Manager - 571.239.7556

Teams 1, 2 Bingo Manager: Daniel Eubank 571.408.5040

Team 3 Bingo Manager: Randy Bower 703.309.3800

Team 5 Bingo Manager: Robin Oden 703.772.1653

Teams 4, 6 Bingo Manager: Doug Caskey 703.899.5332

Teams 7, 8 Bingo Manager: Merle Bevenour 843.540.0498

Sunday Sales start 1:00p - Monday Sales start 6:15p

Team 1 Sundays

VACANT (TC)

Ed Rotchford (C)

703.586.8297

Phil London

703.930.0594

Jim Koerber

571.264.4812

Lee Beery

703.981.2911

Patty Groves

703.485.6510

Team 2 Mondays

Jim Hawkins (TC)

703.819.8465

Raye Ferrington (C)

703.924.1150

Brian Condon

317.696.3906

Matt Tyson

703.730.3244

Merle Bevenour

843.540.0498

Anne Bower

703.494.1910

Team 3 Sundays

Robin Oden (TC)

703.772.1653

Mike Hodge (C)

703.583.1127

Merle Bevenour

843.540.0498

Anne Bower

703.494.1910

VACANT

Myrna Sanborn

717.870.4512

Team 4 Mondays

Gary Lepore (TC)

703.794.0786

Mike Hodge (C)

703.583.1127

Mel McGee

703.472.9157

Gary Eads

703.216.2387

Ted Zeunges

703.583.4966

Anne Bower

703.494.1910

Team 5 Sundays

VACANT (TC)

Patty Groves (C)

703.485.6510

Thom Karlson

703.730.2172

Sy Horowitz

703.670.8325

Mike Watkins

703.470.5534

Evelyn Clarke

571.288.9662

Raye Ferrington

703.924.1150

Team 6 Mondays

Jack Rike (TC)

703.878.0331

Pete Turner (C)

703.680.3068

Chris Hawkins

703.939.5153

Josh Ford

703.362.3608

VACANT

Barbara Barnes

703.670.0753

Team 7 Sundays

Cal Albers (TC)

703.670.9815

Patty Groves (C)

703.485.6510

Mike Hodge

703.583.1127

VACANT

VACANT

Marcia Wheatley

703.625.6112

Team 8 Mondays

USMVMC (TC)

USMVMC (C)

USMVMC

USMVMC

USMVMC

Maureen Wessel

703.680.6003



... it's what we do!



The American Legion
Woodbridge Post 364
P.O. BOX 2121
Woodbridge, VA 22195



<u>Club Hours</u>	
Post Lounge - 703.494.4304	
<i>Friendly Hours - Monday Thru Friday 3:00p - 7:00p</i>	
Monday	3:00p - 11:00p
Tuesday thru Thursday	3:00p - 10:00p
Friday	11:00a - 1:00a
Lunch Hours	11:00a - 3:00p
Saturday	2:00p - 1:00a
Sunday	Noon - 10:00p
Breakfast Hours	8:00a - 11:00a

<u>Post 364 Dinner Menu</u>	
Home Cookin'	
Regular Menu consists of the following:	
Beer Battered Cod \$8.00 Butterfly shrimp \$8.00 Scallops \$8.00 Spaghetti \$6.50 Steak \$14.00	Hamburger w/FF \$4.00 Cheeseburger w/FF \$5.00 Choice of Baked Potato or French Fries; Choice of veggie; Salad Bar
Children's menu: Spaghetti \$3.00 Wing Dings w/FF \$3.50 Chicken Tenders w/FF \$3.50	
<u>Specials:</u>	
All specials are \$8.00, except for Steak - \$14.00	

Driving Directions to Your Post Home

Take I-95 to Exit 158, Prince William Parkway. Take Prince William Parkway toward Manassas. Past Commuter Lot, bear right onto Caton Hill Road. Turn Right onto Caton Hill Road to Minnieville Road (2nd Stop light). Turn Right onto Minnieville Road to Fowke Lane (about 200 yards). Turn Left onto Fowke Lane (used car dealership on corner) to Jenny Lane (Stop sign). Turn Left onto Jenny Lane to Friendly Post Lane (about 100yds, 1st street on right). Turn Right onto Friendly Post Lane. **Welcome Home!**

The Post-O-Gram is published monthly by American Legion Post 364, Woodbridge, VA.
 Articles are contributed by Post family members.